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# **YOUTH-FRIENDLY POSTABORTION CARE**

**PAC Consortium Meeting 2011**

**Callie Simon, Co-Chair YFPAC Task Force  
Pathfinder International**

POSTABORTION CARE  
**PAC**  
CONSORTIUM

# ADOLESCENCE

- Period of transition and development – unique biological, psychological, and social changes
- Period of vulnerability
  - Sexual activity begins and often when marriage and childbearing begins
  - Limited knowledge of their bodies, sexuality, reproductive health, and the potential consequences of sexual activity;
  - Influenced by peers, families, and social pressures, very little power
- Vulnerabilities and limited access to SRH information and services puts them at particular risk of poor SRH outcomes



# ADOLESCENTS: CONTRACEPTION AND UNSAFE ABORTION

- Less than 5% of the poorest young people use modern contraceptive methods
- 68% of sexually active adolescents have an unmet need for contraception in Asia and SSA; 48% in LAC
- 14% of all unsafe abortions in developing countries are among women under 20 years of age
- In Africa, 60 percent of unsafe abortions are among women under the age of 25
- Almost half of all deaths due to unsafe abortion in developing regions occur among women under the age of 25



# WHY DO YOUNG PEOPLE NEED TAILORED PAC?

- Adolescents face multiple barriers to services:
  - Availability
  - Accessibility
  - Acceptability
  - Equity
- Examples of barriers?
- PAC can be an entry point to more comprehensive SRH services and contraception



# YOUTH-FRIENDLY PAC TASKFORCE

- Established in 2003
- Developed list of resources and content for PACC website on adolescents and PAC
- Produced YFPAC Technical Guidance in 2006
  - Strategies for making each of the 5 Essential Elements more youth-friendly and M&E guidance
- Developed supplemental training module



# MAKING THE 5 ELEMENTS OF PAC YOUTH-FRIENDLY

## 1. Community and service provider partnerships

- Ensure youth involvement in planning, implementing, and monitoring
- Foster supportive community environment engaging key stakeholders and youth
- Male involvement

## 2. Counseling

- Recognize unique needs and psychosocial development status of adolescent girls
- Maximize PAC visit to provide comprehensive SRH information and services
- Specially trained staff to provide compassionate, non-judgmental care
- Ensure privacy and confidentiality



# MAKING THE 5 ELEMENTS OF PAC YOUTH-FRIENDLY

## 3. Treatment of incomplete and unsafe abortion

- Tailored procedures that ensure comprehensive care (e.g., smaller speculum)
- Convenient hours and location

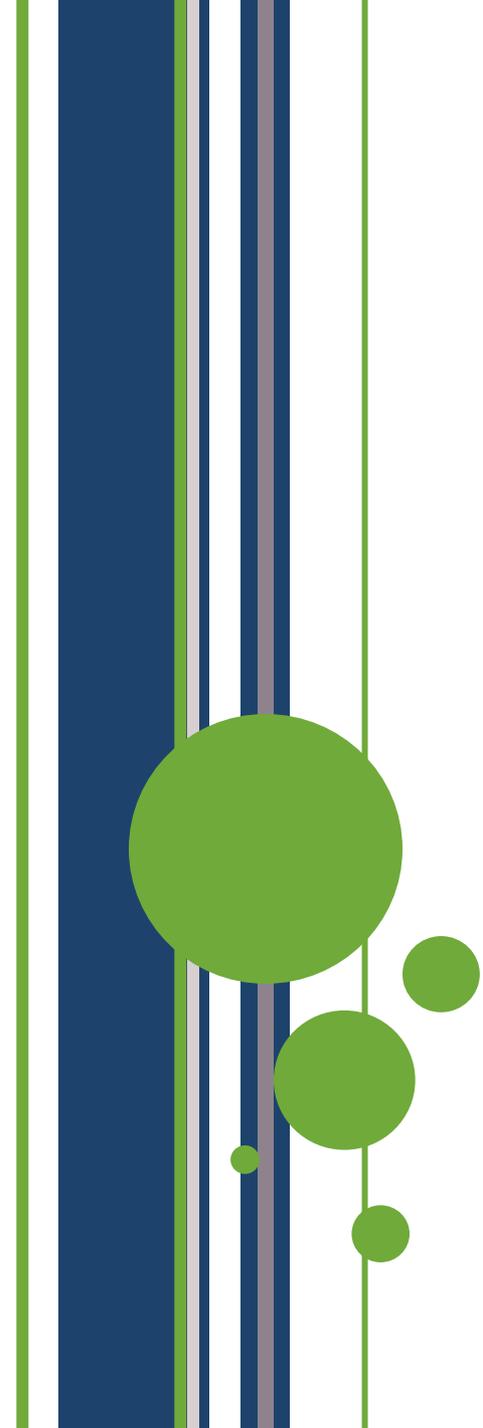
## 4. Contraceptive and family planning services

- Offer a range of postabortion contraceptive with youth focused visual aids
- Take into consideration unique conditions of adolescents; emphasize dual method use

## 5. Referrals for reproductive and other health services

- Refer clients to YFS, GBV, and other services and retain clients for continuing care



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# INTRODUCING THE YFPAC SUPPLEMENTAL TRAINING MODULE

POSTABORTION CARE  
**PAC**  
CONSORTIUM

# WHAT IS THE YFPAC MODULE?

## **The Supplemental YFPAC Training Module IS:**

- A training module that could be added on to a comprehensive PAC training.
- A compendium of training content and activities that could be added into relevant sections of a comprehensive PAC training.
- A training module that could serve as a refresher or structured on-the-job training on youth-friendly PAC for practicing PAC providers

## **The Supplemental YFPAC Training Module IS NOT:**

- A stand-alone training. It does not include sufficient information or the necessary clinical practicum to act as a comprehensive PAC training.



# WHAT IS THE YFPAC MODULE?

- The goal of the training module is to improve providers' abilities to offer high quality PAC to adolescent clients aged 10-19.
- At the end of the training, participants will be able to:
  - Describe the period of adolescence.
  - Establish YFPAC services.
  - Provide adolescents with appropriate PAC care and treatment
  - Explain and provide range of contraceptive options
  - Demonstrate appropriate, non-judgmental comprehensive counseling, including contraceptive counseling and referrals.



# MODULE OVERVIEW

**Session 1: Review of YFPAC Training Supplemental Module**

**Session 2: An Overview of Adolescence**

**Session 3: Youth-Friendly Postabortion Care Services**

**Session 4: Counseling the Adolescent PAC Client**

**Session 5: Postabortion Care Procedures for Adolescents**

**Session 6: Postabortion Contraception for Adolescent Clients**

**Session 7: Referrals for Adolescent Postabortion Clients**

**Session 8: Closing Summary**



# METHODOLOGIES

Presentations

Games

Group Work

Role Plays

Discussion

Video

Reflection



# MOVING THE MODULE FORWARD AND WHAT'S NEXT FOR YFPAC?

- Opportunities to move the module forward- pilot? Adapt?
- How does PACC promote the tools we've developed (guidance and module)?
- What is needed to catalyze action and attention around YFPAC?
- What role can the PACC play?
- What are the PACC's next steps?

